

EMERGENCY PREPAREDNESS



Emergency Preparedness Checklist

The following list has been designed to help you **prepare** for most natural disasters. We strongly recommend that you stock up on items in this list as soon as possible.

Consumables

- Water (1 gallon per person per day for 3 - 7 days)
- Non-electric can opener
- Non-prescription medication
- Paper plates and plastic utensils
- Ready-to-eat packaged and canned foods
- Canned juices
- Staples (salt, sugar, pepper, spices, etc.)
- High energy foods (MRE's, fitness bars, etc.)
- Snack foods

Sanitation

- Toilet paper
- Soap, liquid detergent
- Plastic garbage bags
- Disinfectant
- Household chlorine bleach
- Paper towels
- Personal hygiene items

Building Protection

- Nails
- Plywood
- Cordless nail gun
- Hurricane roof ties
- Tarp
- Screws
- Cordless screwdriver
- Rope

Containers

- Duffel bags or backpacks
- Covered trash can
- Sandwich bags
- Water bottles
- Refillable Water containers

Bedding & Towels

- Blankets
- Sleeping bags
- Towels
- Pillows

Recreation

- Toys
- Books
- Games

Safety

- First Aid Kit
- Safety glasses
- Work gloves
- Masks
- Fire extinguisher
- Ear protection

Hand Tools

- Gas wrench
- Multi-tool
- Knife
- Screwdrivers
- Pliers
- Hammer

Power & Lighting

- Portable generator
- Inverter
- Flashlights
- Batteries
- Storm station

Communication

- 2-way radios
- Battery-powered radio
- Emergency radio